IT'S YOUR INFORMATION.

With access to your medical records, you can make decisions with your doctor, track your progress and do everything you can to be healthy.

HIPAA* gives you important rights to see your medical record and to keep your health information private.

*Health Insurance Portability and Accountability Act

KNOW YOUR RIGHTS.

Ask for a copy of your doctor's Notice of Privacy Practices. It lets you know exactly how your rights are being protected.

If you think your health information rights have been violated, or if you have been discriminated against because of your HIV status, you can file a complaint with the HHS Office for Civil Rights at **(800) 368-1019**.

Learn about **HIPAA** and your healthcare rights at:
www.AIDS.gov/privacy

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
OFFICE FOR CIVIL RIGHTS

INFORMATION IS POWERFUL MEDICINE

Take charge of your **HIV** care.
Request a copy of your **medical record.**

Know your rights. Take control. Get better care.

Having access to your health records is a powerful tool in managing your care.

GET IT.

Ask your doctor. You have the right to ask, to see, or to access your medical records. If your doctor keeps your information in an electronic health record, you can get a copy electronically.

CHECK IT.

Check to make sure your medical information is correct and complete. If you think something is wrong or missing, you can ask your doctor to fix it. Your doctor might not agree, but you always have the right to ask, and to have your disagreement added to your medical record.

USE IT.

Having access to your medical record can mean better communication between you and your doctors, less paperwork and greater control over your health.

KNOW WHO HAS SEEN IT.

You also have the right to know how your health information is used and shared. If you'd like to know how your health information has been shared, you have the right to get a report.

SHARE IT.

Under HIPAA you can request to share your health information, with someone like a domestic partner, a parent, a sister or brother, or a friend.

DON'T SHARE IT.

HIPAA gives you the right to ask your doctor not to share your information with your health plan if you pay for an item or service out of pocket.

DECIDE HOW TO BE REACHED.

HIPAA gives you the right to say which phone number, fax or email your providers should use to reach you and how they can leave a message.